Advanced thinking in dental ceramics

‘Bringing it all together’ - BACD Conference, 22nd-24th November 2012

The British Academy of Cosmetic Dentistry (BACD) will hold its 9th Annual Conference on 22nd-24th November 2012 at the Manchester Central Convention Complex. Entitled “Cosmetic Interfaces: Bringing It All Together”, the event will feature a selection of international and home-grown speakers representing some of the leading names in dentistry.

Among the speakers at this year’s BACD Conference will be Dr Mamaly Reshad, a prosthodontist with many years’ experience working both in the UK and abroad, and Dr Anas Aloum, an American Board Certified prosthodontist working in Dubai. In their speech to delegates, Drs Reshad & Aloum will explore the use of ceramic materials in cosmetic dentistry and will guide delegates on how to use ceramics for the best aesthetic outcomes.

“Right now there are tens of types of ceramics on the market,” said Dr Reshad. “They all have different thicknesses, colours and translucencies. This means they all have different properties. If you don’t know how to mix and match them and use them in the right place then they won’t look right, and in some cases you can even cause fractures.”

Dr Aloum added: “At the end of the presentation, the audience will know when, where and how to choose the best material for each clinical scenario. In our talk we will guide delegates on how to make the best use of ceramics by picking the right material for the clinical situation. By following our guidelines delegates will not only place ceramics that ‘look nice’, but importantly, they will also place ceramics that last.”

This will be the first year Dr Reshad and Dr Aloum have presented to the BACD Conference, and they are very much looking forward to the event.

“Having spent the last 10 years living and working in California I’ve been quite involved with the AADC in the US,” says Dr Reshad. “When BACD President Tif Qureshi invited us to attend this year’s event we really couldn’t say no! It’s a great opportunity to present in front of such a strong and prestigious organisation.

“A recurring theme of this year’s Conference will be bringing together different aspects of dentistry to show how you can be both ethical and conservative in your approach while also providing high quality aesthetic treatments. I think that’s a great thing because right now the way the industry’s going we are moving away from drilling teeth and becoming more conservative, so this makes the BACD Conference extremely relevant to the modern dental professional.

“The thinking is now all about the long term. You can easily marry aesthetics, longevity and biology together if you have the right concept and technique. You just need to understand that it’s a fine line you’re treading. You’ve really got to visualise the end right at the beginning of the treatment. If you do that you’re not going to get lost.”

With so many advances in modern dentistry the BACD Conference gives delegates the ideal opportunity to learn from some of the leading names in their respective fields. For Drs Reshad and Aloum, events such as the BACD Conference are a great way of sharing valuable lessons for the betterment of the profession.

“If you look at some approaches to dentistry, the patient comes in, you drill the teeth down and you stick whatever you want on top because the technician will have the space to do whatever he or she wants. The problem is the moment you drill the teeth down they become so weak the teeth won’t last. Though they might look nice to start with, in five–six years they’re going to have things falling off, teeth might crack away, there might be leaking and decay – all things that can be avoided with the right approach.

“Our talk goes hand in hand with the general theme of the Conference I think. We specifically talk about the material aspect and what materials are available to us today – what they can or cannot do. We use a simple decision-making system to show clinicians how they can easily decide on which material to use based on the desired result. For instance delegates will be able to follow the decision making process that shows them ‘if I use X ceramic I will get Y result’ or ‘if I compromise in A and B I will get benefits in C and D’.

There are all sorts of factors involved in the decision-making tree designed to help delegates decide what to use and when. We will look at the material, how to choose the material, how to handle the material and how to apply it properly to get the best aesthetic result. Whoever sits in this lecture will be able to understand and apply the most advanced thinking in dental ceramics that is available to us today.”

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With such a strong line-up of internationally recognised speakers, the BACD’s 9th Annual Conference is already set to be the biggest and best Conference yet. With feedback from previous events including comments such as “Everything was amazing”, and “I really enjoyed the lectures and the content was excellent”, book your place today to ensure you don’t miss out on one of the highlights of the year!